



THE WEEKLY MEMO

2021-2022, Issue #20 - February 6, 2022- Editors: Angie Salazar & Ashley Clayton

Mission Statement

Southern Oregon Head Start prepares all children and their families for success in school and throughout life.

Pets of SOHS

Let's get real, the camera roll in our phone is filled with adorable and silly pictures of our pets. Please don't leave those adorable photos on your phone, share them with us all! Please email Angie Salazar your adorable pet pictures by March 16, so they can be featured in the next Weekly Memo!



Weekly Memo Submissions

Please send your PDFs, jpegs, and text to [Angie.Salazar- asalazar@socfc.org](mailto:Angie.Salazar-asalazar@socfc.org) by Wednesdays @ 12 pm.

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Meetings and Trainings

March 14—Monday

- 9:00-10:00 HR Staff Meeting
- 9:00-10:00 PFCE Weekly Team Meeting, TEAMS
- 10:00-11:30 ED Dept. Meeting, TEAMS
- 1:00-2:30 Area Staffing— EHS GP, Blue Building Conf. Rm.
- 3:00-7:00 LISTO Prep, Blue Building Conf. Rm.

March 15—Tuesday

- 9:00-11:00 Directors' Meeting, Blue Building Conf. Rm.
- 9:00-10:30 Cohort 1— ED, Virtual
- 1:30-3:00 Policy Council (Time TBD), TEAMS
- 5:30-6:00 Spanish Parent Ed Class, TEAMS

March 16—Wednesday

- 9:00-10:30 Cohort 2— SM, Virtual
- 9:00-10:30 Department Directors' Meeting, MO Blue Building Conf. Rm.
- 1:00-2:00 Onboarding Updates, TEAMS

March 17—Thursday

- 9:00-10:00 MO Safety Meeting, TEAMS
- 9:00-10:00 PFCE Dept. Meeting, TEAMS
- 9:00-10:30 Cohort 3— SM, Virtual
- 2:30-3:30 Health & PFCE Meeting, PFCE Office

- 5:30-6:00 Spanish Parent Ed Classes, TEAMS
- 5:45-7:45 Board Meeting, Location TBD

March 18—Friday

Paid Day Off!

March 21—Monday

Spring Break

March 22—Tuesday

Spring Break

March 23—Wednesday

Spring Break

March 24—Thursday

Spring Break

March 25—Friday

Spring Break

Welcome to the Team!

"You'll see some new faces up at the Main Office and wanted to introduce them to you. Angie, Michael, Justin and Rachel, welcome to the team!"

~April Deagle

"Wanted to congratulate Rene on her promotion to Site Manager. She is the Site Manager at ABC C, and after the break will also take on the A building on the Alan Berlin Campus. Congrats and welcome to the SM team Rene!"

Rene Parsons

Site Manager

I have been working for the Agency just shy of two years now. I have a BA in Elementary Education and completed a 5th yr program to obtain my Teaching Certificate.

Before completing my BA I had a home daycare for nine years. Children are my passion and I am so thankful to be working for an Agency that has the same ideals and the love of children as I do. I look forward to continuing my journey with Southern Oregon Head Start and touching so many children's lives on the way.

~ Rene Parsons



Justin Ward

Health Coordinator

I have been in the medical field for 16+ years, starting as a CAN, obtaining my CAN II, and have worked as a supervisor/Director in various healthcare settings before finally following my passion to help kiddos in whatever small way that I can by joining SOHS; once I heard about the position in the Health Department, I knew this is where I wanted to be. I've been in Medford since 2004, love the outdoors, and hamburgers (that always seems relevant). I'm very excited to be here!

~ Justin Ward



Michael Conkey

Health Coordinator



My name is Michael, I'm 39 (turning 40 in August... gulp!) I'm a former Head Start parent and council member, I have a wife and four children ages 6-12, 3 of which went through EHS/HS. I recently graduated from SOU with a Bachelors in Psychology and a Minor in Music, and I am currently working on my Master of Science degree in Leadership in Early Childhood Education. I have a long history of working in healthcare, in both hospital and Skilled Nursing Facilities, and also previously worked in Retail Management. I'm a huge Star Wars fan, and I enjoy playing and building/ repairing musical instruments, and I love outdoor activities like camping, hunting, and fishing.

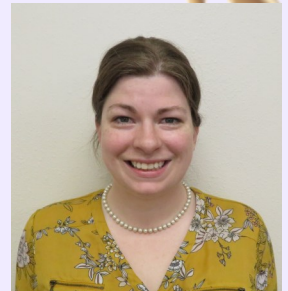
~ Michael Conkey

Rachael Wilson

Marketing and Events Coordinator

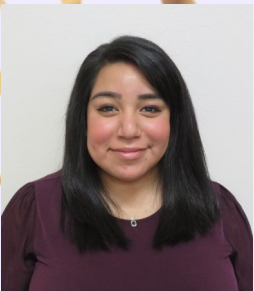
My name is Rachael Wilson, and I am the new Marketing and Event Coordinator. I am joining Head Start with a background in public relations, business management and journalism. My husband and I moved from the South in 2017, so that I could finish my Bachelor's in Business Management. I enjoy my job here because of the creative freedom and positive support I have been welcomed with. I can't wait to meet you all in the future and look forward to working together.

~ Rachael Wilson



Angie Salazar

Executive Administrative Assistant



My name is Angelica Salazar (but I go by Angie), and I'm excited to be the new Executive Administrative Assistant. I worked here at the agency before back in 2016-2018. and I'm excited to be back! I have worked in Child Welfare for the past couple of years. I'm a big Disney nerd, and my husband and I love to go to Disneyland every chance we get! Besides going to Disneyland, I love crafting, playing tennis (even if I'm no good), and spoiling my tiny toy poodle Simba. I am excited to be able to meet everyone!

~ Angie Salazar

WATER Challenge



The main office has been buzzing with competition (and bathroom trips) as we wrap up our month long water challenge! Starting in February, PFCE, Health, and a group of other representatives known as "the drinking buddies" embarked on an epic competition of hydration, fighting for the trophy and of course, the bragging rights. Check out our placements and water totals below!



DRINKING BUDDIES

13,294.67 oz



HEALTH TEAM

12,167.67 oz



PFCE CREW

10,202.67 oz

Since the competition, participants have reported:

Clearer skin

Weight loss

Less headaches

More laughter at work

Comradery

More Energy

Many of us plan to keep up with this healthy habit and continue drinking water (casually, not competitively)!

This challenge provided a boost to morale and self-care in more ways than one. Cheers!

Encouraging Teamwork & Fun

With April coming into sight, why not shower the month with fun challenges and activities?

Especially with April 1st being International Have Fun at Work Day!



Challenges and activities help bring not only some laughs to our workplace, but also help us gain some healthy habits, and build closer bonds with our teammates.

Get creative this April and show the agency what fun challenges and activities your center comes up with!

Email your pictures to asalazar@socfc.org throughout the month, so you can show off your center!

Some ideas for Challenges or Activities:

- ◆ *Dress up days*
- ◆ *Walking Challenges*
- ◆ *Positivity Challenges*
- ◆ *Show & Tell*

